

# Mental Health & Addiction Services

*More options when you need them.*

Burgeo  
886-2185

Deer Lake  
635-7830

Port aux Basques  
695-6250

Norris Point  
458-2381

Stephenville  
643-8740

Port Saunders  
861-9125

Corner Brook  
Adult  
634-4506

Corner Brook  
Children & Youth  
634-4171



Rapid access to counselling services 'one session at a time'. Call the office in your area to discuss available options.

## Opioid Dependence Treatment & Naloxone

Corner Brook Hub: (709) 634-4506

Stephenville Hub: (709) 643-8740

Telehealth available throughout the region.

FREE Naloxone Kits at your local MHA office.

**A full listing of specialized Mental Health & Addiction Services can be found [here](#).**

## Hospitals & Health Facilities

A full listing of Western Health facilities can be found [here](#).



## Youth Outreach Services

Port aux Basques & Area: 695-6901

Stephenville & Area: 643-4595

Corner Brook & Area: 639-1710

Bonne Bay & Area: 458-2381 ext. 271

## Prevention & Promotion Services

Addictions Prevention: 634-4921

Mental Health Promotion: 634-4927

[WesternHealth.nl.ca/MHA](http://WesternHealth.nl.ca/MHA)

*Best-practice information, resources, & programs  
Request presentations, resources & print material*

## Bridge the gapp

*Mental health information, interactive resources and connection to local supports & services at:*

[www.bridgethegapp.ca](http://www.bridgethegapp.ca)

## CheckItOutNL.ca

*Online Self-Screening Tools – Anytime, anywhere.*

**You are not alone. We're here to help.**

For immediate help, call 911 or go to your local Emergency Department.

